

## WHAT PARTICIPANTS AND COUNSELORS ARE SAYING ABOUT OUR PROGRAM:

"It was the most fun I've had while learning."

"Classes and counselors were awesome, this camp gets an A+."

"I didn't want the experience to ever end."

"It was an outdoor journey I'll never forget."

"I couldn't help but have fun."

"Great staff, high energy and knowledgeable."

"I can't wait to do it again!"

"Wonderful, exciting, fun!"

"xdfgsdfg"

Other outdoor skills camps/workshops available through the DNR include:

**Becoming an Outdoors-Woman (BOW)**  
for women 18 year and older

**Hunting and Conservation Camp (HACC)**  
for young men 12 to 15 years of age

**American Wilderness Leadership School (AWLS)** for teachers and outdoor educators

Visit our web site at [www.iowadnr.gov](http://www.iowadnr.gov) and click on "camps and workshops" for more information on these and other educational opportunities.



Outdoor Journey is sponsored by the DNR in partnership with Pheasants Forever and Iowa Women in Natural Resources.



IOWA DEPARTMENT OF NATURAL RESOURCES  
Springbrook Conservation Education Center  
2473 160th Rd.  
Guthrie Center, Iowa 50115  
Phone – (641) 747-8383 ext.11

### Equal Opportunity

Under Title VI of the 1964 Civil Rights Act, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title IX of the Education Amendments of 1972, federal regulations prohibit discrimination on the basis of race, color, national origin, or handicap. If you believe that you have been discriminated against in any program, activity, or facility as described above, or if you desire further information, please write to, Director, Iowa Department of Natural Resources, Wallace State Office Building, 502 E. 9th St., Des Moines, IA 50319-0034

# OJ

## OUTDOOR JOURNEY FOR GIRLS



[www.iowadnr.gov](http://www.iowadnr.gov)



## HISTORY

Outdoor Journey for Girls began in 1992. It has been featured in *Newsweek* and *Pheasants Forever* magazines, across the state and country on radio and television (including *Nickelodeon*) and in newspapers. Several states have attended OJ camps to learn more and possibly start similar camps in their states. More than 1,500 girls have participated . . . so far. And best of all, everyone — from participants to instructors to counselors — has fun!

## AGENDA

Outdoor Journey for Girls (OJ) is a 3-day, 2-night workshop aimed at introducing outdoor skills to girls ages 12 to 15 years old in a supportive, learning environment where they have opportunities to try things “hands-on.” The outdoor skills include: canoeing and water safety, basic orienteering, fish and wildlife identification, archery, firearm safety and basic shooting,

camping and outdoor survival, game care, furbearers and fur harvesting, and fishing and preparing the catch. Participants also have the opportunity to become **certified in Iowa's Hunter Education** program. OJ instructors are DNR conservation officers, biologists and other personnel, county conservation board naturalists and representatives from other agencies like the Natural Resource Conservation Service and Iowa State University.

## FACILITY

Two OJ camps are held in the summer at the Springbrook Conservation Education Center, located an hour northwest of Des Moines, in Springbrook State Park. The diverse habitats and activities available at the facility make it an ideal location for this program. Additionally, Outdoor Journey is looking to expand the program to other areas of the state.

## LODGING

Lodging is in modern, air-conditioned/heated dormitories with eight people per room. Bedding and towels are provided, with shower and lounge facilities in the dorms.

## COUNSELORS

This program would not be a success without the help and support of its counselors. Counselors accompany

the groups to their sessions, supervise the dorms and participate in the many activities. It is a **great** way to learn the skills and have a great bonding experience with Iowa's youth.

## TO REGISTER

Registration starts each year in late January and continues until the camps are full. This is a **very** popular program so spots fill quickly. To register, contact your local Pheasants Forever chapter or xxxxxxxx

## COST

The cost of the program is often offset by local Pheasants Forever chapters and is set to cover the cost of the basic program.

